2nd Term Revision

Bangladesh And Global Studies

Class - 2

Teacher's Name :Quamrun Nahar Hera

Date: 18.8.20

Lesson - 9, Food

**** Follow Lecture sheet

Answer the following questions:

- a) Why do we need to take food?
- **b)** Write the name of five vegetables.
- c) Which kind of food gives us energy?
- d) Which kind of food helps to make our body?
- e) What is the function of fish, meat and egg to our body?
- f) Which kind of food maintains our body temperature?

Fill in the blanks:

- a)To keep our body <u>healthy</u> and <u>active</u> we eat food.
- b) Meat and fish are protein food.
- c)We get <u>fruits</u> from plants.
- d) Milk is an ideal food.

Exercise:

Write the sources of these foods:

Name	Source
Rice	

Oil	
Oil	
Egg	
Pulses	
Ghee	
Fruit	
Milk	
Meat	
Answer S	heet
We need to take food t	to keep our body healthy and active.

b) The names of five vegetables are:	Potato,
Brinjal,	

Tomato,

Carrot,

Cabbage.

- c) Rice, bread and sweet give us energy.
- d) Fish, meat, egg help to make our body.
- e) To make our body.
- f) Oil, ghee, butter maintain our body temperature.

Exercise:

Write the sources of these foods:

Answer of sources:

Paddy

Seeds

Hen

Crops

Milk

Plants

Cow

Animals