Prepare	- Scient r – 5- For sheet- ed by- Ser (main	OOD lecture-1, Day-1 adia Binta Basher campus)
1. Fill in the blanks with appropriate words:		
	i.	Food.
	ii.	Working.
	iii.	Fight.
	iv.	Bones and muscles.
	v.	Healthy.
	vi.	Water.
2. Identify true or false from the following statements as script:		fy true or false from the following statements and write down on your answer:
	i.	False.
	ii.	True.
	iii.	False.
	iv.	True.
	v.	False.
3.	Choose the correct answer from the given options and write down on your answer	
	script	
		C. 3
	ii. 	D. rice.
	iii.	B. energy-giving foods.
	iv.	D. all of them
	v.	A. four
4.	Answ	er the following questions in one word:
	a.	Food.
	b.	Body-building food.

5. Answer the following questions in short:

c. Protective foods.

d. Water.

a. Balanced diet means the intake of right amount of foods from all groups.

Class- II
Subject – Science
Chapter – 5- FOOD
Answer sheet- lecture-1, Day-1
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Science (main campus)
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b. Protective foods are necessarybecause these foods help us to fight diseases. They keep us healthy.

6. Answer the following questions in brief:

- a) Water is essential for us because-
 - 1. Water helps us to digest food.
 - 2. It also cleans our body from inside.
 - 3. It helps to keep our body strong and healthy.