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*Chapter No-11      lecture 1      Chapter Name: Life safety and first aid*

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**Accident:**

Anything that happens by chance and causes damage or injury is called accident.

Accident happens suddenly. It causes injury and damages our wealth.

Types of accident:

Common accidents which may occur at home: Cuts, Choking, Fires, Burns, Electric Shock, Poisoning etc.

Other accidents: Traffic accident, bites with snake, and drowning in water.



**How to prevent accident:**

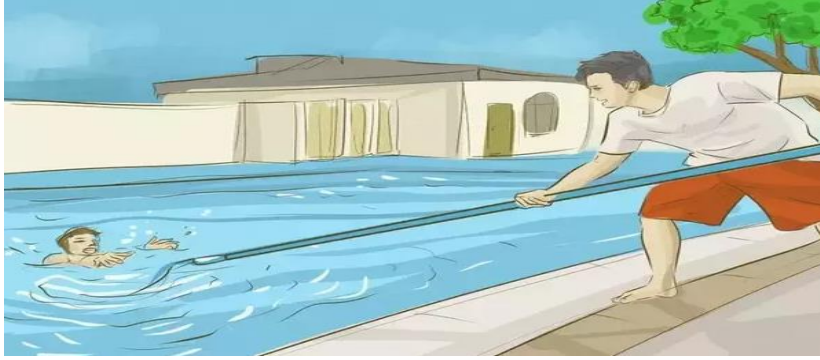
Most of accidents can be preventable. Below are examples of how to prevent accidents of drowning and snakebite.

1. ***Drowning in water:***

- Learn to swim: We can prevent ourselves from drowning by learning how to swim.
- Swim in supervision: We should not swim alone without help of the older and should not dive under water.
- Playing carefully in water: We also should keep an eye on others while we play in water.

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## 2. *Snake Bites:*

- Never try to handle a snake.
- Avoid places where snakes may live like tall grass or bush, rocky areas, and holes in ground.
- Use long stick if we must go into tall grass or bush.
- Shine a flash light on our path when walking outside at night.
- Keep our yard tidy to reduce places where snakes hide.



## Exercises:

### 1. Fill in the blanks with appropriate words:

- a) Accident happens \_\_\_\_\_
- b) Accident causes \_\_\_\_\_ and damages our wealth.
- c) Most of the accidents can be \_\_\_\_\_.
- d) People in the villages are often \_\_\_\_\_ by snakes in our country.
- e) We should use \_\_\_ stick if we go into tall grass or bush.

### 2. Write True/False. If false, write the correct answer.

- a) Most of accidents cannot be preventable.
- b) We can prevent ourselves from drowning by learning how to swim.
- c) We should keep an eye on others while we play in water.
- d) We should try to handle a snake to safe other people.
- e) Accidents can happen anywhere in and around at home, school, road or in the playground.

### 3. Write the correct answers:

- a) Which of the following is a common type of accident which may occur at home?
  - I. choking
  - II. bite with snakes
  - III. drowning in water
  - IV. traffic accident
- b) Which place a snake does not use to hide?
  - I. clean
  - II. muddy
  - III. damp
  - IV. None
- c) What we use if we go into tall grass?
  - I. Short stick
  - II. Long stick
  - III. Thick stick
  - IV. Thin stick

### 4. Write the answer of the following questions in short:

- a) What do you understand by accident?
- b) Write two prevention from drowning in water.

### 5. Write the answer of the following broad question:

- a) How can we prevent snake bite?