

1. Fill in the blanks with appropriate words:**1×5=5**

- a) Fruits and vegetables can be preserved in the _____.
- b) Food preservation helps prevent the growth of _____.
- c) Junk foods are _____ but they don't have any nutritional value.
- d) _____ is used for ripening fruits.
- e) Harmful chemicals such as carbide, formalin, artificial colours are added by _____ dealers.

2. Match column A with column B and write down the correct sentences on your answer script:**1×5=5**

Column-A	Column-B
a) Artificial colour	i) amount of food from each food groups
b) People who do laborious	ii) means food kept away from soilage.
c) Junk food	iii)our body becomes prone to diseases.
d) A balanced diet means proper	iv) makes food more appealing and desirable
e) Food preservation	v) used to preserve olives, plums, etc.
	vi) contains too much salt, sugar and fat.
	vii) work need more food

3. Write down the answers of the following questions in short:**1×5=5**

- a) Write the names of three diseases which are caused by artificial colour.
- b) How many elements are there in a balanced diet?
- c) What is food preservation?
- d) Write the names of three foods which are preserved in cold storage.
- e) How can we preserve food with the help of sun light?

4. Write the answer of the following broad question:

- a) Write down the names of two harmful chemicals which are mixed in food. Write three sentences about the effects of junk food.

2+3=5