

Second Term Home Assignment
Worksheet-4 (Chapter-3, Lesson-3, Part-2), Date: 28/07/2020
Class: VI, Subject: Physical Education & Health
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Second Day

Chapter-3: Introduction of Health Science and Health Service
Lesson-3: Contagious Diseases Symptom and Spreading Sources

1. Question: What is AIDS?

Answer: It is one kind of contagious diseases which is caused by HIV virus.

The full form of HIV is Human Immune Deficiency Virus.

If HIV enters into a body, it gradually destroys the immunity of the body or body protection system. As a result, other diseases easily attack that body. This condition is called AIDS.

The full form of AIDS is Acquired Immune Deficiency Syndrome.

Till now there is no treatment available to cure disease. HIV may enter into a healthy body by using same syringes or needles, shaving instruments of the infected person, by breast feeding of the infected mother, by blood or other body fluid transmission and by having unprotected sex.

2. Question: What is Poliomyelitis?

Answer: It is one kind of dangerous contagious disease of the children which is caused by Polio Virus. Children become paralyzed for the whole life.

The common sign and symptoms of Poliomyelitis are –

- i. Fever comes first followed by headache.
- ii. Children's neck become stiff and fixed.
- iii. There is severe pain in limbs.
- iv. Child cannot stand and walk.
- v. Finally child become paralyzed.

Polio Virus enters into body by mouth and nose. Infection spreads by the stool of the infected person.

3. Question: What is Diphtheria?

Answer: Diphtheria is a very severe infectious disease of the children which is caused by bacteria. If it is not treated in time, it may cause death.

The common sign and symptoms of Diphtheria are –

Fever, Sore throat, Throat swelling etc.

It may cause obstruction in feeding.

It is spread by the air polluted with bacteria, by sneezing and coughing of the infected person.

Now you will try to solve the answers of the following questions:

Question 1: How immunity power of the body can be destroyed?

Question 2: When other diseases can easily attack our body?

Question 3: How HIV may enter into a healthy body?

Question 4: What type of disease is Jaundice?

Question 5: What are the symptoms of Jaundice?

Question 6: Where Hepatitis Virus remain present?

Question 7: Usually how Hepatitis Virus spreads?

Question 8: Which disease's symptoms is this- "Child's neck become stiff and fixed"?

Question 9: What do you mean by, "The soundness of body is not only the sign of good health"?

Question 10: Write down the name of 5 Bacterial and Viral Diseases.

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