

Second Term Home Assignment
Worksheet-06 (Chapter-4, Lesson-1), Date: 27/07/2020
Class: VII, Subject: Physical Education & Health
Subject Teacher: M A Jalil, Email: majxbn@gmail.com

Chapter-4: The Personal Safety of Adolescence.

Lesson-1: Personal Safety at Adolescence.

Question 1: What is Adolescence?

Answer: A new born child grows up with affection and love of the parents and other members of the family. In this way, a child passes through childhood and enters the early youth of adolescence period. During this time, the physical and mental development starts occurring. This early youth is called Adolescence of a child.

Question 2: What is Personal Safety?

Answer: If any child or adolescent remain personally safe from any kinds of oppression and get affection and love, get nutritious and healthy food along with safe environment – that is called Personal Safety.

Question 3: What is called Safe environment?

Answer: The normal and healthy environment with cooperative mentality in which a child grows up gracefully with love and affection of parents along with all the members of the family – that is called Safe Environment.

Question 4: What are the needs of a child at adolescence period?

Answer: One's childhood and adolescence period are very important to grow up gracefully in healthy way. During this period, a child needs nutritious and healthy food as well as safe environment and cooperative mentality of the parents and other members of the family.

Question 5: Who are to play an important role to build up a safe environment for a child?

Answer: In order to build up a safe environment for a child, the parents and the other members of the family, teachers and neighbors are to play an important role.

Now you will try to solve the answers of the following questions:

- (a) How a new born child grows up in the family?
- (b) When physical and mental development starts occur?
- (c) Why the children keep silent after becoming the victim of torture?
- (d) When the physical and mental development of a child be hampered?
- (e) Mainly where the children become the victim of torture?
- (f) What are the great barriers of personal safety of children?
- (g) When the dreams of a cheerful girl get shattered?
- (h) When the children get panicked?
- (i) What will be the duty of a parents if any incident like sexual oppression takes place?

Email: majxbn@gmail.com

THE END