

Class-7

Subject: Islam and Moral Education

Chapter-1

Lesson-8

Sawm

S/Q

1. What does sawm mean?
2. Which Ibadat teaches mankind about self-restraint?
3. Write the importance of swam.
4. What is sawm of ramdan.

MCQ'

1. Make 10 mcq with answer.

B.Q

1. Fasting is only for me and I myself will give reward for this". Explain from the Quran and hadith.
2. write about sawm you perform in your life.